



Robert Nason, M.D.  
Lindsay Young, M.D.  
Kelsey Mothersole, M.D.  
Alexander Hansen, M.D.

1513 E. New Hope Drive  
Building D  
Cedar Park, TX 78641

office (512) 346-7600  
fax (512) 346-7603  
[www.entsaustin.com](http://www.entsaustin.com)

## Allergen Seasons

### Weeds

Weeds begin to pollinate in late July and continue until the first hard freeze. They peak during August to October. Short Ragweed pollinates in August and is known to be “hay fever.” Weeds that we test for are English Plantain, Lambs Quarter, Marshelder – Rough, Pigweed – Rough, Sagebrush, Ragweed – Short, Yellow Dock.

### Grasses

Grasses begin to pollinate in March until September. They peak in May and June. If you have a reaction when mowing the grass, you may be reacting to the grass turpines, the chemicals released that cause the smell, rather than the grass pollen. Grasses we test and treat for are Bermuda, Johnson, Perennial Rye Grass.

### Trees

Most trees begin to pollinate in February until June. Trees we test and treat are Ash – White, Box Elder, Elm – American, Oak – White, Sycamore – American, Black Willow, Mountain Cedar, Pecan Pollen, Red Cedar, Red Mulberry, Shagbark Hickory, Western Juniper.

## Perennial Allergens

### Dust Mite

Dust Mites are microscopic organisms that thrive on human skin cells. They can be found in all pillows, mattresses, and carpets any time of the year. The protein in their waste and saliva is the cause of irritation. We test and treat for those.

### Molds

Molds are around all year. They live and thrive indoors as well as outdoors where it is moist and dark. The molds we test and treat for are Alternaria, Aspergillus, Penicillium, Rhodotorula, Cladosporium, Mucor.

### Animals, Insect

The protein in their waste and saliva is the cause of irritation as well as their dander. We test and treat for Cat, Dog, Horse, Mouse, Rabbit, and mixed Cockroach.